

Lakeville North High School Volleyball Program & Lakeville North Juniors

Fall In-House 2019 Volleyball Program

Who: Lakeville 1st – 6th Grade Girls

What: 1st-3rd grades from 8:30am-10am
3rd-6th grades from 10:30am-noon

Where: Century/McGuire Middle Schools

Cost: Registration: \$75.00 (includes t-shirt)

Spring Dates:

Saturday, Oct 26, 2019
Saturday, Nov 2, 2019
Saturday, Nov 9, 2019
Saturday, Nov 16, 2019
Saturday, Nov 23, 2019

We invite you to participate in the 2019 fall developmental in-house Saturday volleyball program for 1st through 6th graders! This five-week program is an opportunity for you to enhance your individual and team skills through FUN small group, individual and team practices with games! The final date for the intermediate session (10:30am-noon) will include play. The sessions will be guided by the Lakeville North High School volleyball coaching staff. Coaching and instruction will be given by Lakeville North High School volleyball players and coaches, volunteers and the Lakeville North Junior staff.

Experienced 3rd graders (with two or more previous sessions and/or junior club playing experience) have the opportunity to enroll in the intermediate session (10:30am – noon) if desired to do so. Both Saturday sessions offered will emphasize skill and movement development with drills and through play.

Register online at www.lakevillnorthjuniors.com or complete the attached form and mail it to Lakeville North Junior Volleyball c/o Janis Goehner at 19069 Inman Trail, Lakeville 55044 before the t-shirt registration deadline of Monday, October 21, 2019.

Parent volunteers – We invite and encourage you to join your daughter on the court Saturday mornings! No prior experience or knowledge is necessary to volunteer. Your positivity and willingness to assist are much appreciated and will make an impact in your daughters five-week growth and experience! Please indicate below if you are interested in serving the program.

Player Name

Parent(s) Name(s)

Address

Phone Number

School

Grade (fall 2019)

Email

FALL SESSION:

Grades 1 – 3

Grades 3 – 6

Indicate SHIRT SIZE:

Youth Small

Youth Medium

Youth Large

Adult Small

Adult Medium

Adult Large

Adult X-Large

We, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge Lakeville North volleyball and its staff, officers, employees and representatives of harm of rights and claim for damages, injuries or loss of property which may be sustained or occurred during participation in volleyball activities. I grant permission to the Lakeville North volleyball in house staff to render any preventative measures, basic first aid, acute injury treatment deemed reasonable and necessary during practice.

Signature of Parent/Guardian

Date

Parent Volunteer (please circle) : Y or N If yes, Name: _____ Adult Shirt Size: _____