

Welcome to Lakeville North Junior Volleyball

**Parent Information Meeting
October 23, 2022**

Co-Directors: Tracey Weaver & Janis Goehner

Program Purpose

→ To support the Lakeville North High School program to remain at the top of the state as a competitive program

→ To provide young athletes a fun & safe environment to achieve their full volleyball potential



History of Lakeville North Volleyball

By the Numbers:

State Champions:

2010

2012

2017

State Tournament Appearances

1981, 1982, 1986, 1987, 1990, 1999

2000, 2002, 2003, 2004, 2005, 2006, 2007, 2010, 2011, 2012, 2017, 2019, 2021

State Runner-Up:

1987, 1990, 2003, 2004, 2006, 2011

State 3rd Place:

1981, 1982, 1986, 1999, 2002, 2005, 2007

State Consolation:

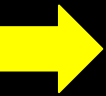
1994, 2019



Training Philosophy and Playing Time

- ❖ All players are trained in all skills of the game: Passing, Serving, Setting, Hitting, Digging, Ball Control
- ❖ Teamwork skills are taught and emphasized
- ❖ Sportsmanship skills are taught & emphasized
- ❖ Positional play is introduced in the older levels
- ❖ All players will play in every match (usually matches are 2 out of 3 sets), except in the case of unusual circumstances

Practice Dates/Days and Expectations

-  Players are expected to attend every practice (unless they are ill)
- ❖ Teams will practice 2 days per week during the competitive season, January - April
 - ❖ Most practices will be at Century Middle School
 - ❖ Generally Tuesday/Thursday
 - 12 and under(Grades 3 - 6): 6 - 7:15 or 7:30 p.m.
 - 14 and under(Grades 7 & 8): 7 or 7:30 - 9 or 9:30 p.m.
 - ❖ Pre-season practices in November & December: Dates on next slide

Pre-Season Practice Dates

NOVEMBER

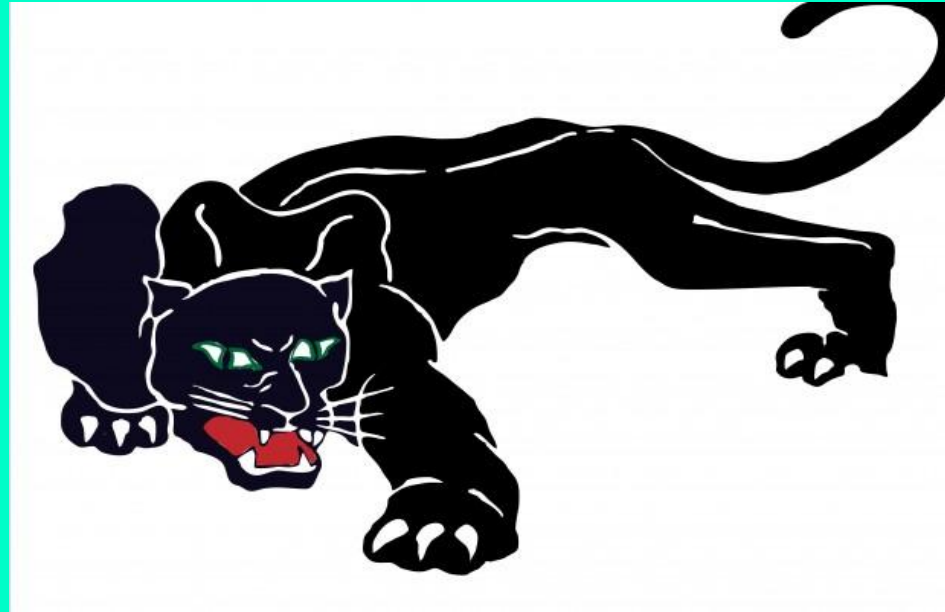
12s: November 7 & 15

14s: November 7, 10, and 29

DECEMBER

12s: 6, 13, 20

14s: 6, 8, 13, 15, 20



Competition Schedules: Power League and Tournaments

- **Northern Lights Power League: Midwest Volleyball Warehouse, Burnsville(Hwy. 42 & Judicial Rd)**
 - *Every-other week-end, 1/4 of the week-end**
 - Saturday OR Sunday, 8am - 2pm or 2pm - 8pm**
- **2-3 Additional Local Tournaments (Examples: M1 in Bloomington & MN Select in Maple Grove)**

Coaching Staff

12's(Grade 6 and younger): Janis Goehner, Christie Hayes, Lindsay Rozmarin, Pam McNutt, Heidi Locklear

13's & 14's (Grades 7 & 8): Mike Butler, Lindsay Rozmarin, Janis Goehner

Program coaching assistants/advisors: Jackie Richter, Brett Johnson, Carolyn McNutt, Ella Matheis, Mia Nerison, Walt Weaver, Alyssa Goehner, Jonelle Joyner, Delana Wherland

Try-out Dates:

***MUST attend both nights for your age group**

12's (Grade 6 and younger):

Monday Oct. 24, 5:30 - 7:00 p.m.

Lakeville North HS

AND

Thursday, Nov. 3, 6:00 - 7:15

Century Middle School

7th & 8th Grade:

Monday, Oct. 24, 7:15 - 8:30 p.m.

Lakeville North HS AND Thursday, Nov. 3, 7:15 - 8:45 p.m. at CMS

Fees: Include power league registration, tournament registration, insurance, coaching salaries, uniforms, equipment, facility rental fees, scheduling fees, etc.

11's: \$685.00

\$325.00 Due at first practice 11/7

Jan 1: \$93.00

Feb 1: \$93.00

March 1: \$87.00

April 1: \$87.00

12's: \$765.00

\$325.00 Due at first practice 11/7

Jan. 1: \$110.00

Feb. 1: \$110.00

March 1: \$110.00

April 1: \$110.00

14's: \$820.00

\$325.00 Due at first practice 11/7

Jan 1: \$125.00

Feb. 1: \$125.00

March 1: \$125.00

April 1: \$120.00

*Fees must be paid prior to due date in order for players to practice and play

Message from Coach Jackie



Head Coach, Jackie Richter with Husband, Chad



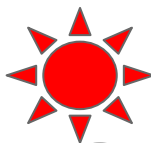
“Panthers, you are in exceptional hands in the Lakeville North Juniors Volleyball program. From top coaching and leadership, to consistent training provided at each and every practice, we are excited to watch your volleyball growth in the Panther program this season! Work hard, have fun, and watch your impact unfold.

Go Panthers!”





One more thing!



For planning purposes, please send us an email IF your daughter IS trying out for another club next Sunday, Oct. 30. This is simply to help us with our season planning and will NOT impact player team selections.

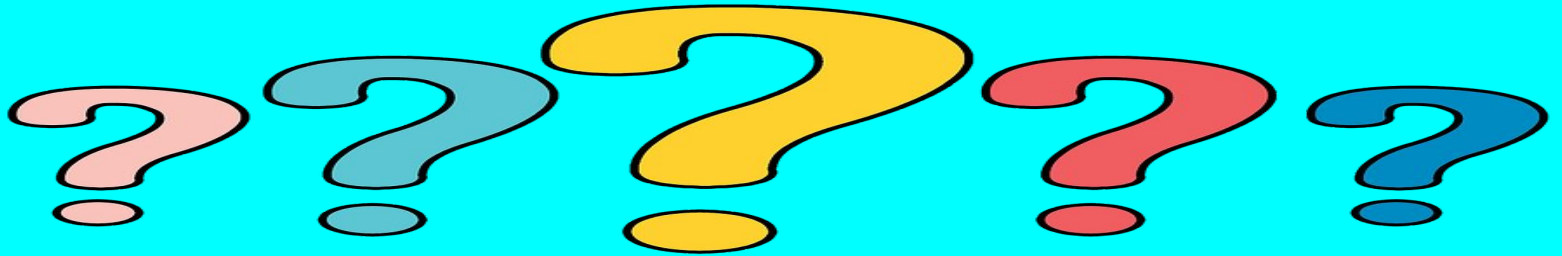
***Or,** if you have ANY questions, please email

Janis: Janisgoehner@lakevillenorthjuniors

Tracey: Weavermvi@icloud.com OR call Tracey

at 612-720-2478

QUESTIONS?





Thank you for attending our Parent Information Meeting!
We hope to see your daughter on the court!

"Once a Panther, ALWAYS a Panther!"