

# **Welcome to Lakeville North Junior Volleyball**

**Parent Information Meeting**

**October 22, 2023**

**Co-Directors: Tracey Weaver & Janis Goehner**

# Program Purpose

→ To support the Lakeville North High School program to remain at the top of the state as a competitive program

→ To provide young athletes a fun & safe environment to achieve their full volleyball potential



# History of Lakeville North Volleyball

By the Numbers:

## State Champions:

2010

2012

2017

## State Tournament Appearances

1981, 1982, 1986, 1987, 1990, 1999

2000, 2002, 2003, 2004, 2005, 2006, 2007, 2010, 2011, 2012, 2017, 2019, 2021, 2022

## State Runner-Up:

1987, 1990, 2003, 2004, 2006, 2011, 2022

## State 3rd Place:

1981, 1982, 1986, 1999, 2002, 2005, 2007

## State Consolation:

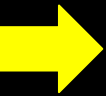
1994, 2019



# Training Philosophy and Playing Time

- ❖ All players are trained in all skills of the game: Passing, Serving, Setting, Hitting, Digging, Ball Control
- ❖ Teamwork skills are taught and emphasized
- ❖ Sportsmanship skills are taught & emphasized
- ❖ Positional play is introduced in the older levels
- ❖ All players will play in every match (usually matches are 2 out of 3 sets), except in the case of unusual circumstances

# Practice Dates/Days and Expectations

-  Players are expected to attend every practice (unless they are ill)
- ❖ Teams will practice 2 days per week during the competitive season, January - April
  - ❖ Most practices will be at Century Middle School
  - ❖ Generally Monday/Thursday  
12 and under(Grades 4- 6): 6 :00 - 7:15 or 7:30 p.m.  
14 and under(Grades 7 & 8): 7:00 or 7:30 - 9 or 9:30 p.m.
  - ❖ Pre-season practices in November & December: Dates on next slide

# Pre-Season Practice Dates

## NOVEMBER

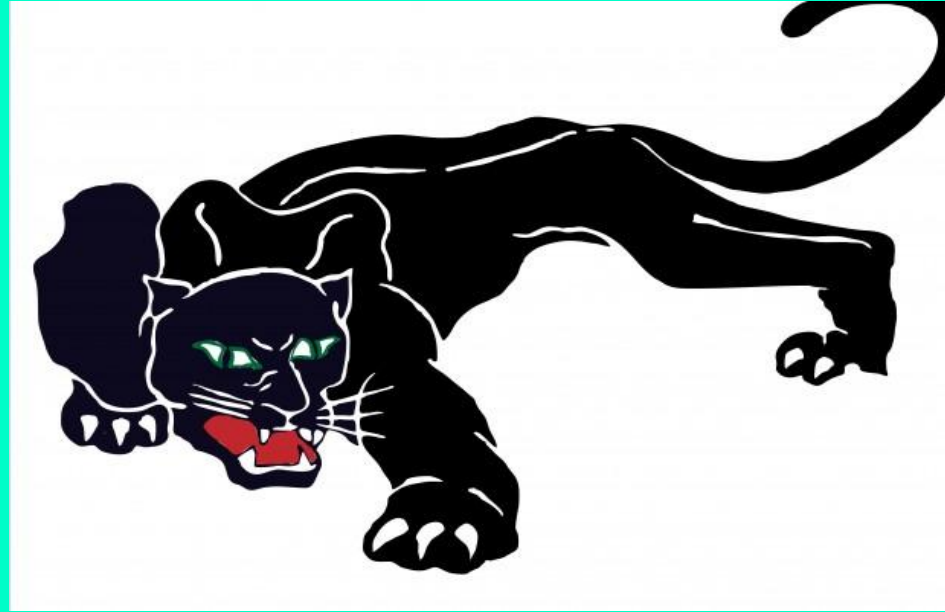
12s: November 2 & 20

14s: November 13, 20, and 27

## DECEMBER

12s: 7, 14, and 18

14s: 4, 7, 11, 14, and 18



# **Competition Schedules: Power League and Tournaments**

- **Northern Lights Power League: Midwest Volleyball Warehouse, Burnsville(Hwy. 42 & Judicial Rd)**
  - \*Every-other week-end, 1/4 of the week-end**
  - Saturday OR Sunday, 8am - 2pm or 2pm - 8pm**
- **2-3 Additional Local Tournaments (Examples: M1 in Bloomington & MN Select in Maple Grove)**

# Coaching Staff

**12's(Grade 6 and younger):** Janis Goehner, Christie Hayes, Heidi Locklear, Delana Wherland, Mindy Erdal, Alyssa Goehner, Lily Benson

**13's & 14's (Grades 7 & 8):** Mike Butler, Lindsay Rozmarin, Jonelle Joyner

**Program coaching assistants/advisors:** Jackie Richter, Brett Johnson, Walt Weaver, Delana Wherland



# Try-out Dates:

**\*MUST attend both nights for 14s**

**10's, 11's, and 12's (Grade 6 and younger):**

Monday Oct. 23, 5:30 - 7:00 p.m.

At Century Middle School

**14's (7th & 8th Grade):**

Monday, Oct. 23, 7:30 - 9:00 p.m.

AND

Monday, Oct. 30, 6:00 - 7:30 p.m.

AT Century Middle School

**Fees:** Include NEW gym rental fees, power league registration, tournament registration fees, insurance, coaching salaries, uniforms, equipment, scheduling fees, etc.

**10's:** \$900.00

\$360.00 Due at first practice 11/2

Jan. 1 \$145.00

Feb. 1 \$145.00

March 1: \$145.00

April 1: \$105.00

**14's** \$1,385.00

\$380.00 Due at first prac. 11/13

Jan. 1 \$265.00

Feb. 1 \$265.00

March 1 \$265.00

April 1 \$210.00

**11's & 12's:** \$1,290.00

\$360.00 Due at first practice 11/2

Jan. 1: \$240.00

Feb. 1: \$240.00

March 1: \$240.00

April 1: \$210.00

\*Fees must be paid prior to due date in order for players to practice and play

# Message from Coach Jackie



**Head Coach, Jackie Richter with Husband, Chad**



“Panthers, you are in exceptional hands in the Lakeville North Juniors Volleyball program. From top coaching and leadership, to consistent training provided at each and every practice, we are excited to watch your volleyball growth in the Panther program this season! Work hard, have fun, and watch your impact unfold.

Go Panthers!”





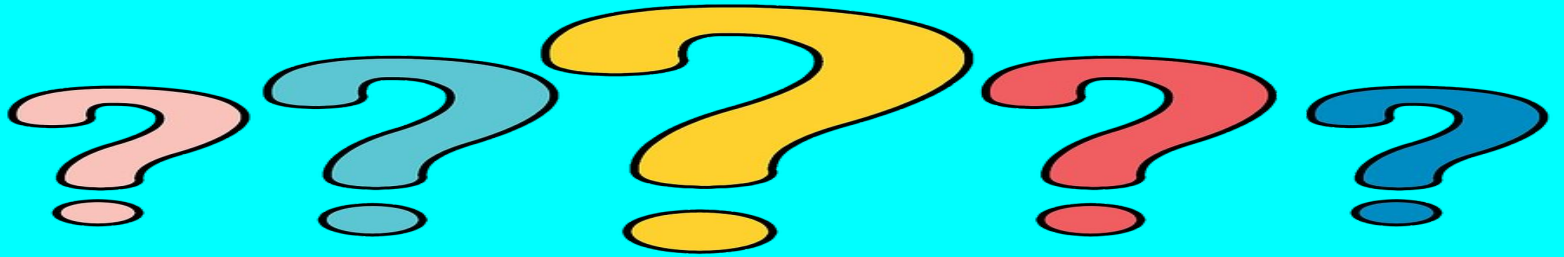
One more thing!



For planning purposes, please send us an email IF your daughter IS trying out for another club next Sunday, Oct. 29. This is simply to help us with our season planning and will NOT impact player team selections.

**\*Or,** if you have ANY questions, please email  
Janis: Janisgoehner@lakevillenorthjuniors or  
Tracey: [Weavermvi@icloud.com](mailto:Weavermvi@icloud.com) OR call Tracey  
at 612-720-2478

# QUESTIONS?





Thank you for attending our Parent Information Meeting!  
We hope to see your daughter on the court!

**"Once a Panther, ALWAYS a Panther!"**